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Artist Statement:

I have been a professional artist for more than thirty years. The early years of my career, I lived in Germany, Oklahoma, New Mexico, Arizona and Baja, Mexico, my work focused primarily on painting, printmaking, and drawing. In the 90's my visual art expanded into poetry. I began a new life in Santa Fe and kept a journal. During that time I also trained in cranial sacral therapy. My work as an artist and therapist merged when I transitioned into mixed media art while incorporating some of the wisdom I garnered from my own therapy.

I left Santa Fe in 2000 and moved to Phoenix to resume my studies in sculpture at Arizona State University. This creative expansion included my first sculptures in clay. After two semesters I moved to Long Beach, California and then moved south of the border to study at the University of Ensenada.

While working in my studio in Mexico, the first white porcelain head entitled "Conversations," was produced along with a new body of work that I'm currently expanding. "Conversations" is covered with over 500 small heads and was inspired by my own mind that gets lost inside the conversations of its own thoughts. My work as a cranial sacral therapist merged with my sculpture. Cranial sacral therapy works with the body's cerebrospinal fluid and is called "The Fuel of The Soul," it's used as a means to help the client harmonize with the body's natural rhythms. Living in Baja, Mexico a second body of work entitled "The Lollypop Man," was created and inspired by my collaborations with, Latino artist. This stick figure male character with a bald head and one ear is magical. Traveling through his spiritual journey he begins to find the natural harmony and balance that each of us seeks as an artist.

This body of work is dedicated to my inner child who travels this world with innocence and honesty. His primary focus is seeking truth. Through his purity of intention, he becomes an example as his soul searching experiences create a narrative that instructs and guides me as well. A mythical being, he represents my male side as he performs tricks that delight and entertain us. Like a chameleon he can change colors. Capable of teletransporting by wiggling his ear and visualizing a new location, he can travel any distance in a matter of moments. His appeal crosses all age lines and offers enchantment and playful glee to the child inside each of us.

A student of meditating for 28 years has opened three careers for me. In 2006, I returned to Oklahoma and continued to add a new medium of powder coated steel mobiles to my sculpture portfolio. I began my writing studies at five different universities, recording the life from my journal writing. I use these adventure stories with my cranial clients encouraging them to tell their own story.

I have chosen to self-publish my first book of a memoir/trilogy entitled: Escort of Kings Volume 1, Woman, Artist, Mystic. The words in this book are meant to bring understandings to women who feel worthy of laughter and Joy; to women who never played or asked for intimacy, to women who have longings to feel and be told they are beautiful and to women who seek to know their value lifetime after lifetime.